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MEDITATIONS
AND
PRAYERS.

To be used BEFORE, AT, and
AFTER the Receiving of the
Holy SACRAMENT
OF THE
Lord's Supper.

her
The SIXTH EDITION,
with many Additions.

L I C E N S E D,
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MEDITATIONS on the SACRAMENT.

*Let the Words of my Mouth, and the
Meditations of my Heart, be now and
ever acceptable in thy Sight; O Lord my
Strength and my Redeemer.*

UP, O my Soul, and be no
longer buried in the Plea-
sures of this vain World!
Up, awake thou, rise thou,
and lend thine Ear attentively to the
holy voice of the well beloved Son
of God, who summons thee to take
place at his Feet, for to set thee at
the Banquet of Eternal Life! Up,
gather together all thy strength, and
advance thy self towards this Spring
of Light, which enlightens all the
Stars of Heaven, and all the parts
of the Earth! This is the sole
Power which carries thee for ever
A 2 into

into Heaven: He is the only Physician upon whom depend all our Deliverances: He is the sole Author of Grace, which can preserve thee against Darkness, and against Hell. Up then, my Soul, bowing thy self before him; fortifie thy Zeal upon thy God, who calleth thee to participate of his great and divine Mystery which he hath instituted in his Church, which is the Sacrament of his Body, which we must partake of to have Life Eternal; the Sacrament of his Body, by which he unites himself to thee, for to carry thee into his Glory: By which he takes away, he abolishes, he blots out all; that there is no more sin in thee, no more of Curse and Death; and here replants his Grace, his Life, and his Felicity: All that he hath, all that he hath carried into Heaven, all the Grace which was infused into him, all the Treasure of his Merit which he hath gotten on the Cross, and a share of this is given unto thee by the
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Communion of this Sacrament of the Lord's Supper, which is the Fountain of all Spiritual Sweetness, by which God nourishes us, the Substance and preserver of that Life that he hath given us in Baptism, and hath united us to him, making us, as *St. Paul* says, *Flesh of his Flesh, and Bone of his Bone, and Members of his own Body.* But, my God, the times altogether are before thee; Remember thou not what is past, nor regard the future: Thou hast an Eye upon my Thoughts, thou art Judge of my Intentions, nothing is hid from thee, all things are naked and intirely known to thee: My Heart is closed in my Breast, but my Breast is more transparent than Glass before thine Eyes; and thou seest, O Lord, that the strength of my Faith is almost all extinguished, and that my Heart hath neither sincerity nor uprightness, and that my Soul is more foul than the Dust of which my Body is made. I cannot, great

A 3 God,

God, approach to thy holy Table, because I am not in thy presence with a true sorrow, and an intire affection without hypocrisie, with a free and open heart confessing my shame and acknowledging thy Glory. Lord, I am pressed with fear and astonishment; I fling my self at thy feet: I pour out in thy presence all my offences, which make pale my Face for fear of thy Displeasure. I accuse my self, I blame my Ingratitude, I know that I am the most base of all thy Creatures, a reproach to the Earth, and of that which the Heavens can cover the most vile and detestable. I have let my self to be carried away by the base inticements of the World; I am always backward to that which concerns the Glory of my Salvation. Lord, thou canst throw Lightning from Heaven, thou canst strike me with Thunder, but I am nothing: Thou art an all-powerful God to all Eternity, and I am a poor frail Creature,
but

but yet the work of thine hands: As thou art strong in punishing, so thou art exceeding in thy Mercy ; destroy not then him, that is cast down before. I am a great sinner but thou art yet more great in compassion to forgive. Thou hast the life of Man in thine hand, it is thy Mouth which pronounces their Absolution ; have pity on me, O God ; by the great number of thy compassions, blot out the great number of mine iniquities, and save him by thy favour which otherways would be damned by thy Justice: Save him, who is purchased by the Blood of thy Son, who was shining with his Glory, but abas'd himself so much, as to take our nature upon him, for to raise up us, the Mud and Corruption of the World, (Man being no better) to set him on the Throne of thy Greatness. Let, O Lord, my confession and repentance be a sweet smelling Sacrifice acceptable before thee ; for I knock at the door of thy

mercy, and implore the merit of my Saviour for the pardon of those punishments which are due unto my sins, and do thou soften the hardness of my heart which is in thy hand. Lord thou hast already by violence brought thy People from the plagues of *Egypt*; thou hast divided the *Red Sea*, and made a Rampier of Waters against the Waters, continue then thy goodness towards thine; deliver me, Lord, deliver me presently, for the Merit of thy Son, from the bondage of my vices, under the yoke of which I scarcely breathe. Thy succor I crave, O pour down upon me thy Goodness, and spread upon my Soul the beams of the brightness of thy Holy Spirit, to the end that I may meditate, and rightly comprehend, how the Body of Jesus Christ my Saviour, given and broken for thy People, and his Blood shed on the Cross, is made mine by the Communion of his holy Sacrament. I cannot my self comprehend

hend this, but do thou raise me, from this miserable Earth, to understand this high mystery. But, Lord, thou hast founded the obscurity, and canst draw Light from it, thy Divine Eye enlightens the Darkness; touch my Spirit with Light, as thou didst that of St. *Paul*: Take me off from the Vanities of the World, and let me see clearly the inestimable Glory, provided for thy Elected ones in this Sacrament.

*Morning Prayer before
Church.*

OH Thou Father of Mercy and God of all Consolations, from whose alone rich mercy and goodness 'tis that I am alive this hour to kneel before thee, and have leave to cry to thee for pardon of my Sins, who have thus long, thus wickedly and daringly presumed to rebel against thee. Lord, if thou shouldst mark
what

what I have done amiss, I am not able to abide it: But thou, O Lord, hast graciously promis'd, that upon my return unto thee, thou wilt blot out my Sins, and remember them no more. Blessed Lord, I desire earnestly and heartily to return unto thee: Lord, accept of me, and interpose the Merits of thy Son for me, so that in him I may appear a spotless Soul before thee. Blessed and ever blessed be thy Name, that by thy saving Grace I now find my many and grievous Sins to be a weighty Burthen upon me, too heavy for me to bear: Oh ease me of it for thy precious Promise sake in Christ, whom thou hast freely given to bear the Iniquities of us all, that I may yearn to thee by true Repentance and Amendment of my Evil Ways, that so by this Refreshment of my Soul I may again hear the Voice of Joy and Gladness, even that comfortable Voice of thee, my ever blessed Saviour, *Be of good cheer, for thy Sins are forgiven thee.*

thee. Oh my Lord my God, I am yet desolate of Comforts, and poor in spiritual Refreshments, and my sad Heart is grieved with mine Iniquities. Oh when wilt thou come unto me by thy gracious and much longed-for Visit of thy Holy Spirit, that the Bones which thou hast broken may rejoyce? make haste, O Lord, and help me, for I am sunk in the deep Mire of Sin, where no stay is, and there is none else to deliver me: Have Mercy upon me, O Lord, have Mercy upon me, according to the Multitude of thy tender Mercies towards me blot out all my Offences. Holy Father, I willingly confess my self to be a great and grievous Sinner: Lord, I am ready to ransack the very Secrets of my Heart, that I may unbosom all my sins unto thee; I most gladly confess them, and am grieved for them; I heartily repent of them; I desire earnestly, and resolve faithfully to forsake them; I perfectly abhor them, and
utterly

utterly hate them: Lord, inasmuch as thou requirest not more of me, be now graciously pleased to accept of me, and cleanse the thoughts of my heart by the inspiration of thy holy Spirit, that my Soul may be washed from the guilt of all my Sins. And be pleased to give me a true faith and repentance, with devout humility and reverence; and enable me rightly to celebrate this holy Sacrament, with all fervent zeal and right attention, that no wandring thoughts may interrupt me in receiving these thy blessed Mysteries; but grant, that by the Merit and Power thereof, I and all thy Servants, may receive remission of our sins, and be filled with thy Grace and heavenly Benediction. Purge me, O Lord, from all hypocrisie or insincerity, and grant I may judge of my self as thou judgest of me. Oh warm and enliven these cold affections I have towards thee, and fit me for thy Mercy by giving me a true, hearty,
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and deep repentance for all my sins
 past; and, for the merit of thy dear
 Son's sufferings, pardon all my ini-
 quities; renew and purifie my heart,
 that it may become a new Creature,
 and I may utterly forsake all evil
 ways, by thought, word and deed,
 and make (though of my self most
 unworthy, yet of thy mercy) an
 acceptable Guest at his holy Table,
 that I may not drink my own Con-
 demnation, but may have my par-
 don sealed, my weakness repaired,
 that I may overcome all temptati-
 ons of the Devil and my own Inclina-
 tions, and these Mercies I beg for
 the sake of the Lord Jesus Christ,
 and further call upon Thee in his
 Words,

Our Father, which art in Heaven;
 Hallowed be thy Name. Thy
 Kingdom come. Thy Will be done in
 Earth, as it is in Heaven. Give us
 this Day our daily Bread. And forgive
 us our Trespases, as we forgive them
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that Trespafs against us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, And the Power and the Glory. For ever and ever. Amen.

Morning Prayer.

O Lord, I confess, I know not what to pray for as I ought; Let, I beseech thee, thy Holy Spirit help my Infirmities, and enable me, O Lord, to offer up my Spiritual Sacrifices acceptable in thy sight, through the Merits of Jesus Christ. O Most Gracious God, I, thine unworthy servant, do here acknowledge my self unfit to lift up my Face to Thee, for my iniquities are increased over my Head, and my sins are even become habitual to me; and to this frequency I have added both greediness and obstinacy in sinning; nay, O Lord, even my repentance may be numbred amongst the greatest of my sins; which for the most
part

part hath been so slight and ineffectual, that it hath brought forth no Fruit in amendment of Life. But I have added the breach of Resolution to my former Guilts, and have been often angry, and indevout, and irreligious, and soon weary of well-doing: And, O Lord, my very secret Sins are innumerable, that I have willingly committed; Sins that I noted not, Sins that I acted upon wilful Ignorance, and voluntary Sins, that a diligent and watchful Spirit might have prevented. But I am so vile, that I cannot express it; so sinful, that I am hateful to my self, much more abominable must I needs be in thy sight; for my Sins are intolerable, and my Omissions innumerable; and now, O Lord, what can I expect from thee, but Judgment? For that is indeed the due reward for my Sins: But thou, O Lord, art full of Mercy and Compassion, whom I beseech to look down upon me with the Eye of Mercy, and for the sake
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of Jesus fit me for thy Acceptance, by giving me a hearty and deep repentance for all my sins past; and grant that I may from this moment become a new Creature, utterly forsaking every evil way; that I may not, O God, perish in my sins, nor be consumed in thy heavy Displeasure; but give me, I beseech thee, time and space to repent, and give me Power by thy Grace, and Aid by thy Spirit, that as by thy Gift and Mercy I intend to amend in whatsoever is amiss, so I may indeed have Grace and Power faithfully to fulfill the same. Inspire me, O God, with the Spirit of Courage and Mortification, that I may ever fight against my sins, till I be more than Conqueror. Support me with a holy Hope, and confirm me with an unreprieveable Faith, and give me Grace to take delight in approaching to take thy holy Sacrament; and therein enliven this my drowsie and earthly Heart, that I may with all reverence freely and
faith-

faithfully call upon thee with such a fixedness of mind, and right attention, as no wandring thoughts may interrupt me; that I may no more incur the guilt of drawing near thee with my Lips, when my Heart is far from thee: Nor let, O Lord, my Prayers be turned into Sin, but graciously enable me so to ask, as I may receive; seek, that I may find; knock, that it may be opened unto me: And whatsoever Afflictions thou art pleased to lay upon me, give me Grace patiently to bear them like a Christian, truly submitting to thy blessed Will and Pleasure; and suffer me not, O Lord, to have an unconstant mind, nor a wandring heart, nor ambitious desires after vain-glory, nor my sense obstinate; but let me delight in exercising my self in the works of Mercy and godly Conversation, to instruct them which go astray, to help the Afflicted, to cherish the Poor, to comfort the Sorrowful, relieve the Oppressed, feed

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the Hungry, love them that hate me, to render good for evil, to despise none, but imitate the good and virtuous, to shun the company of the Wicked, and to flee all sin. In all Adversities, in all Prosperity let me be humble, never fond of earthly, but ever coveting after heavenly, things. Make, I beseech thee, a large distance betwixt me and Sloth and Idleness; and teach me, O Lord, to number my Days, that I may in time of Health serve thee so faithfully, that on the Bed of Sicknes I may be so comforted by thee, that I may never despair in the Day of my Death. O Lord, maintain thy true Religion and Vertue in my Heart, and in all thy faithful servants; and have Mercy, I beseech thee, on all the Souls thou hast appointed to die, and comfort them that are in Afflictions; heal the Sick, relieve the Needy, and administer to every Christian according to their several Necessities. And let, O God, thy
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Blessings rest upon all that are near and dear unto me; I beseech thee to have Mercy upon them and me, and pardon and forgive unto us all the Sins which we have committed against thee, by Thought, Word and Deed. Work in us, Father, a serious Repentance, that we may unfeignedly lament from the bottom of our Hearts all our Sins past; and enable us, I beseech thee, to resist all filthy Sins for the time to come: Direct our Actions, sanctifie our Hearts and Minds, and let thy holy Angels guard our Persons, thy holy Spirit guide our Souls into thy right Paths. Bless us, I beseech thee, with Life and Health, and prosper us in all our Undertakings. Keep us, O Lord, from sudden Death; and as it shall please thee to add more Days unto our Lives, so I beseech thee for an amendment of our Lives and Conversations, by setting our Hearts and Thoughts on Heaven and heavenly things. Make us, O God, ever mind-

ful of our last end, that we may so prepare for it, that when it comes, our blessed Change may be to dwell with thee in Life Everlasting. Pardon, O God, the wandring and coldness of these my humble Petitions, and deal with me not according to my weak Prayers, but according to my great Needs, and thy rich Mercy; and all for Jesus Christ his sake, who hath taught us to say,

Our Father which art, &c.

P R A Y E R S

To be used at the
Holy SACRAMENT.

Coming into the Church, at your first kneeling down, say,

O Lord, I am not fit nor worthy Thou shouldest come under that filthy Roof of the House of my

my Soul, because it is wholly desolate and ruinous; neither hast Thou with me a fit place to lay thy Head; but as thou didst vouchsafe to be laid in the Stable, and Manger of unreasonable Beasts, as Thou didst not disdain to be entertained in the House of *Simon the Leper*, as Thou didst not reject the Harlot coming to thee, nor yet the Thief on the Cross confessing thee, even so vouchsafe to admit me also, a miserable and out of measure sinful Creature, to the receiving of the most pure and saving Mysteries of thy Holy Body, and precious Blood. And the Lord pardon every one that prepareth his Heart to seek the Lord God of his Fathers, though he be not cleansed according to the Purification of the sanctuary. O my God, I know my own unworthiness, yet in the multitude of thy Mercies I humbly approach thine Altar, beseeching thee not to behold me with a severe, but gracious Eye: Thou knowest the earnest desire of my Soul, be thou

thou pleased to pass by the weakness of the Flesh, (and grant that I may receive this Sacrament to the Honour and Glory of thy great Name) and assist me with thy most Holy spirit, for the good, comfort, and salvation of my own Soul. Grant this, Holy Father, for the sake of thy blessed Son my only Saviour, in whose Name and Words I beg this Mercy, and what else thou knowest needful for me.

Our Father which art in Heaven; Hallowed be thy Name. Thy Kingdom come. Thy Will be done in Earth, as it is in Heaven. Give us this Day our daily Bread. And forgive us our Trespases, as we forgive them that Trespas against us. And lead us not into Temptation; But deliver us from Evil: For thine is the Kingdom, And the Power, And the Glory For ever and ever. Amen.

A Confession to be used before the Sacrament.

O Almighty God, I thy poor sinful Creature, full of Anguish and Confusion for my offences against thy Majesty, do make bold to come to thee, because thou art the Father of our Lord Christ, and for his sake inclinable to shew us Mercy; Thou art the Maker of me and of all things, and thou hatest nothing that thou hast made, thou hast pity on all the works of thine hands, so that I am encouraged to make my supplications unto thee, O thou Judge of all Men, for it is in thy power for ever to acquit or condemn me, I tremble and am amazed to be found a sinner against so infinite power and goodness; but I must not add Hypocrisie to my Disobedience; therefore I acknowledge freely, and bewail most bitterly my manifold offences

fences of all kinds, from the least of my Sins to the greatest of my Crimes and wickednesses, all and every one of which, I long and frequently from time to time, with many provoking Aggravations, most grievously have committed; Lord, I cannot tell how oft I have offended by Thoughts, in vain and evil imaginations; by words, in false and uncharitable Speeches; in deeds, by ungodly intemperate actions; for alas! By all and every one of these ways, I have daily sinned against thy Divine Majesty, turning thereby thy loving kindness into displeasure, and provoking thee to anger, I have given thee cause most justly to let loose thy wrath and indignation against me; my guilt is evident, my danger apparent, and my estate is most desperate and deplorable; wherefore I do most passionately and earnestly Repent, that ever I did commit them, and am heartily sorry with all my Soul, for these my so many, and so abominable misdo-

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 baseness and the presumption of these
 vile offences, the remembrance of
 them doth pierce my Heart with
 shame and sorrow, and is most grie-
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 pity ; but in this great distress I do
 beseech thee to have Mercy upon me ;
 and since my necessity forceth me to
 be importunate, I will cry again,
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 by my Sins I am most unworthy to be
 called thy Child, yet I hope thy Bow-
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 strate and helpless, begging of thee,
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me freely and fully all that is past, from the beginning of my life till this very Moment: Lord, make me an instance of thy Mercy, and grant when I have received so excellent and so undeserved a Favour, that I may be so engaged as that for ever hereafter I may beware of falling back into the like Sin and Misery; convert me, I beseech thee, as well as pardon me, and inable me most obediently to serve, and most entirely to please thee, by spending the rest of my Life in Newness of Life, and all holy Conversation, which thro' the help of thy Grace, I do here vow and resolve upon, that this mighty Change may tend to the Honour and Glory of thy Name, who hast so wonderfully delivered me; all which I most heartily beg, through Jesus Christ our Lord, to whose Intercession for me do thou say, *Amen*; And it shall be according to thy Word. *Amen.*

*A LITANY**Before the Communion, for
the Pardon of Sins.*

O God the Father of Mercies,
the Father of our Lord Jesus
Christ, have Mercy upon thy Ser-
vant, and hear the Prayers of me a
miserable Sinner.

O blessed Jesus, the Fountain of
Peace and Pardon, our Wisdom, our
Righteousness, and our Sanctificati-
on, have Mercy upon thy Servant ,
refuse not to hear the Prayers of thy
sorrowful returning Sinner, who
flees to thee for Mercy.

Oh Holy and Divineſt Spirit of the
Father, help my Infirmities ; for of
my ſelf I know not what to ask, nor
how to pray ; but do thou aſſiſt in
the Deſires of me a miſerable Sin-

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ner : Remember not, Lord, the Offences of my Childhood, nor the Vanities of my Youth, nor the Wildness of my Head, nor the Wandering of my Heart, the infinite Sins of my Tongue, and the inexcusable Errors of the Days of my whole Life.

Lord have Mercy upon me, and pardon all my Offences.

Remember not, O Lord, the growing Iniquities of my younger Age, the Pride of Spirit, the Mis-usage of thy Bounty by Peevishness, nor the Violence of all my Passions and Affections :

But have Mercy upon me, O Lord, and pardon my Sins.

Remember not, O Lord, how I have been full of Malice, Envy, Anger, or Revenge, fierce and earnest in the pursuit of the Vanities of the World ; but lazy, dull, slow, and soon weary in the things of God and Religion.

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The good Lord have Mercy upon me, and blot out all my Transgressions.

Remember not, O God, any uncharitable Behaviour towards those with whom I have been concerned, either by Jealousies or Suspicions, or evil Surmisings, or Misreporting, Breach of Promise towards God or Men :

But be merciful to me, O Lord, and pardon mine Offences.

O most gracious Lord, enter not into Judgment with thy Servant, lest I be consumed and brought to nothing in thy Wrath and just Displeasure :

From which, good Lord, deliver and preserve thy Servant for ever.

Deliver me, O Lord Jesus, from gross Ignorance and stupid Negligence, from a wandering and travelling Spirit, from the Violence and

Rule of Passion, from all Intemperance or Irregularity whatsoever,

Good Lord deliver the Soul of thy
Servant for ever.

From a covetous Mind, or greedy Desires, vain and unprofitable Thoughts, from Pride and ignorant Confidence, from Envy or the Spirit of Slander, from Presumption or Despair, from sinful Actions, and all vitious Habits,

Good Lord deliver me, &c.

From fierceness of Rage, and hastiness of spirit ; from reproachful Language, or peevish Anger, or contentious inhuman Malice, or indiscreet Zeal or scorn, Oppression and Cruelty ; from an unrelenting spirit, or churlish Behaviour,

Good Lord deliver me.

From delaying Repentance, and persevering in Sin ; from unprofitable Living, or Unthankfulness for
the

the hourly Mercies that we receive;
from the Malice and Craftiness of the
Devil, with the Deceit and Lying
of the World;

Good Lord, deliver and preserve
the Soul of thy Servant.

From condemning others, and
justifying our selves; from mis-spend-
ing our Time, and abusing thy
Grace; from consenting to Folly,
or provoking others to do Evil by
ill Example;

Good Lord, &c.

From an evil and cauterized Con-
science; from sinning near the end
of our Life, and from despairing in
the Day of our Death, or being temp-
ted in the time of our Weakness,

Good Lord, deliver and preserve
the Soul of thy Servant.

Hear my Prayer, O Lord, and
consider my Desires: Hearken unto
me for thy Truth and Righteousness

fake. Oh hide not thy Face from my Cry, neither cast away thy Servant in Displeasure; but give unto me an unrepveable Faith, a just and humble Hope, and a never-failing Charity.

Hear my Prayers, O Lord, and grant my earnest Request for Jesus fake.

Give, I pray thee, unto me spiritual Wisdom, that I may discern what is most pleasing to thee, by following what belongs unto my Eternal Peace: O let the Knowledge and Love of God and of Jesus Christ, O Lord, be my Guide and Portion all my Days.

Hear my Prayers, O Lord, &c.

Give unto me a holy Disposition, and an active Industry in thy Service, that I may redeem the time mispent in Vanity: For thy pity fake, take no Vengeance on me for my Sins; but sanctify my Soul and Body

dy in this Life, and glorify them hereafter.

Hear my Prayers, O Lord, &c.

Oh teach me to despise all Vanity ; to fight the Battles of the Lord stedfastly against the World, the Flesh and the Devil ; to spend my time religiously and usefully ; to speak gracious Words ; to walk always as in thy Presence ; to preserve my Soul and Body in Holiness, fit for the Habitation of thy holy Spirit, O God, &c.

Hear my Prayers, O Lord, &c.

Give me, I humbly pray thee, an holy and perfect Repentance, a well-instructed Understanding, regular Affections, a constant and wise Heart, a good Name, a fear of thy Majesty, a Love of thy Glory above all the things in the World for ever, &c.

Hear my Prayers, O Lord, &c.

Give me a Spiritual Wisdom, that I may discern what is most pleasing
unto

unto thee, and how to follow that which belongs to my everlasting Peace; and let the Knowledge and Love of God, and of Jesus Christ our Lord, be my Guide and my Portion all my Life.

Hear my Prayers, O Lord, &c.

Preparatory Prayers.

GIve Ear to my Words, O Lord, consider my Meditations, hearken to the Voice of my Cry, my King and my God, for unto thee will I pray, &c.

Thou that hearest Prayers, unto thee shall all Flesh come.

Let not my Lord be angry, if I, who am but Dust and Ashes, presume to approach and speak unto thee.

Oh thou that art easie to be intreated, and rejoycest in doing good, bow down thy gentle Ear and hear me, and have Mercy upon me; raise up my Soul, and sanctifie my Heart,
and

and Lips, that I may ask those things which are most agreeable to thy holy Will.

Let the Words of my Mouth, and the Meditations of my Heart be acceptable in thy Sight, O Lord, my strength and my Redeemer, *Psal.* 19. 14.

Hear my Prayers, O Lord, hearken to the Voice of my Supplication when I cry unto thee, when I lift up my Hands towards the Mercy-seat of thy holy Temple, *Psal.* 27. 8.

Oh holy Lord God, whose pure Eyes cannot behold Iniquity, I, the unworthiest of thine own Children, cast my self down before the Footstool of thy Throne of Grace, humbly beseeching thee to stretch forth thy Golden Scepter of Peace, that I may touch it and not die, but live to praise thy Mercies ; who desirest not the Death of a Sinner, but rather that he should turn from his Wickedness and live.

Turn

Turn thou me, O Lord my God,
turn me from all my Transgressions,
and let not Iniquity be my Ruine.

Open thou mine Eyes, and awaken my dull and stony Heart, that I may see and truly understand the vileness and misery of my sinful State, that I may hate, and abhor, and forsake all my evil Ways, turning to thee with all my Heart, and all my Strength. Give me that godly Sorrow which worketh true Repentance. Forgive and put away all my Sins and Offences: Nail them to the Cross of Jesus Christ; bury them in his Grave, that they never rise up in Judgment against me. Receive me, O my Father, and be reconciled unto me, in the Mercy and Merits of thy dear Son; for his sake restore me again to thy Grace and Favour, and let the Light of thy well-pleased Countenance establish me with thy free Spirit. *Amen, Amen.*

Before

Before the Sacrament.

ALmighty God, who of thy tender mercy didst give thy only Son Jesus Christ to suffer Death upon the Cross for our Redemption: And didst institute, and in thy holy Gospel command us to continue a perpetual memory of that his precious Death until his coming again; Hear me, merciful Saviour, I most humbly beseech thee, and make my groaning and desires after this holy Sacrament answerable to my Needs of it. But, O Lord, how shall such a Wretch as I dare to approach thy holy Table? How shall I presume to take the Childrens Bread, who am as a Vile Dog in thy sight? I have often trampled these precious things under Foot, either carelessly neglecting, or unworthily receiving these holy Mysteries. O Lord, my horrible guiltiness makes me tremble to come, and yet makes me not dare
to

to stay away : For where shall this polluted Soul be washed but in the Fountain opened for Sin and for Uncleanness? Hither then I come, and thou hast promis'd him that cometh to thee, thou wilt in no wise cast out. Grant me therefore, gracious Lord, so to eat the Flesh of thy dear Son Jesus Christ, and to drink his Blood, that my sinful Body may be made clean by his Body, and my Soul washed through his precious Blood.
Amen.

I will not presume to come to thy Table, O merciful Lord, trusting in my own Righteousness, but in thy manifold and great Mercies declared unto Mankind, in our Lord Jesus Christ ; for whose sake give me, I pray thee, such a preparation of Soul as may qualifie me for a worthy Approach thereunto. To this end make me heartily sensible of my Sins and Unworthiness : Raise up my dull and earthly Mind from grovelling here
 be-

below, and also inspire it with a holy Zeal to seek those things that are above. Let that infinite Love of Christ in dying for so wicked a Creature inflame my soul, and kindle in me that sacred Fire of Love to him again, and unto all those whom he hath given me a Command and an Example to love, Enemies as well as Friends, and that for his sake. Cloath me, O Lord, in the Wedding-Garment, and make me, though of my self a most unworthy, yet by thy Mercies an acceptable Guest at thy Table, that I may not eat my own Damnation, but Salvation, through Jesus Christ our Lord. *Amen.*

I said, I will take heed to my Ways, that I offend not with my Tongue. O God, who knowest us to be set in the midst of so many and great Dangers, that by reason of the frailty of our Nature, we cannot always stand upright, grant to me such Strength and Protection, as
may

may support me in all Dangers, and carry me through all Temptations, through Jesus Christ our Lord.
Amen.

Before the Sacrament.

O God, to whom Vengeance belongeth ; O God, to whom Vengeance belongeth, shew thy self, but let it be in pity and compassion to thy wretched and unworthy Servant, who in all humility confess my self a wicked and sinful Creature : I acknowledge those Sins, which if I would I cannot hide from thee ; my Sins of Pride and Vain-glory, of Hatred and Envy, of Gluttony and Wantonness : I accuse my self of my wicked Desires and Thoughts which I have conceived, my wanton and evil Words which I have spoken, of my naughty and ungodly Deeds which I have committed ; I acknowledge and bewail these my manifold Sins and Wickednesses,

nesses, which I from time to time most grievously have committed by Thought, Word, and Deed, against thy Divine Majesty, provoking most justly thy Wrath and Idignation against me : I do earnestly repent, and am heartily sorry for these my misdoings, the remembrance of them is grievous unto me, the burthen of them is intolerable : Have mercy upon me, most Merciful Father, for thy Son Jesus Christ's sake, forgive all that is past ; and grant that I may hereafter serve and please thee, to the Honour and Glory of thy Name, through Jesus Christ our Lord. *Amen.*

Forgive me my Sins, O Lord, forgive me the Sins of mine Age, and the Sins of my Youth, the Sins of my Soul, and the Sins of my Body ; my secret and my whispering Sins ; the Sins that I have done to please my self, and the Sins I have done to please others : Forgive my
D wanton

wanton and idle Sins, forgive me my serious and deliberate Sins, the Sins that I have laboured so long to hide from others, that now I have even hid them from my own Memory; forgive me them all, O Lord: of thy great Mercies let me be absolved from all my Offences, and of thy bountiful Goodness let me be delivered from the bands of those Sins, which by my frailty I have committed. Grant this, O Heavenly Father, for Jesus Christ his sake, our blessed Lord and Saviour. *Amen.*

*Prayers to be said before
the Receiving of the
Holy Sacrament.*

O Blessed Jesus, who didst take upon thee our Nature, and didst suffer Death upon the Cross for our Sins and Redemption; and hast commanded me to celebrate the memory of this thy precious Death till thy

thy coming again ; Oh let not the inestimable Benefit of it be frustrated by my manifold and grievous Sins, but inspire my Soul with those Graces to receive them tendered unto me in this Blessed Sacrament. Oh let the Pitifulness of thy great Mercy loose me from the Chains of those Sins, wherewith I am tied and bound ; that being thus set at liberty, I may here with Chearfulness run the ways of thy Commandments, and heareafter enter into thy Joy, O blessed Saviour and Redeemer. *Amen.*

O Lord, who hast promis'd that if I open my Mouth wide thou wilt fill it ; I pray thee to open it ; and not my Mouth only, but my Heart also. O create in thy Servant a great Hunger and Thirst after the things of thy Kingdom, and the Righteousness of it ; after all the holy Graces, and all the holy Means of Grace, that I may long for the Bread

of Heaven, thirst after the Fountain of Salvation ; and as the Hart panteth after the Water-brooks, so my Soul may desire thee, O Lord. Oh kindle such an holy Flame in my Soul, that it may consume all my Sins and cursed Affections, that I may never again defile the Place which thou hast chosen for thy Temple. Thou diedst, O dear Jesu, to redeem me from Iniquity ; O let me not sell my self again to work Wickedness. I am a Sinner, a grievous one, not worthy to look up to Heaven ; but be thou pleased to look down into the Dust, and lift up a Sinner from the Dunghill : Let me not perish in my Folly, or be consumed in thy heavy Displeasure. Give me time and space to repent ; and give me Power of Grace, that as by thy holy Inspirations I do sincerely and fixedly resolve on an intire Reformation, so by thy merciful Guidance I may faithfully perform the same. *Amen.*

O

O Thou great Physician of Souls,
 heal me of those many and
 foul Diseases which my Soul groans
 under : Grant that I may now so
 touch thee, that every one of those
 loathsome Issues may Immediately
 stench, that these Sickneses may not
 be unto Death, but to the Glory of
 thy Mercy, in pardoning, to the
 Glory of thy Grace, in purifying so
 polluted a Wretch. O Christ, hear
 me ; Inspire me with a holy Zeal to
 mortifie my Sins : Support me with
 a firm well-grounded Hope : Con-
 firm me with an excellent and unre-
 proveable Faith ; and kindle in me
 a never-failing Charity. Let me
 judge my self, that I be not judged
 by thee ; condemn my self, that I be
 not condemned by thee with the
 World ; but receiving this holy Sa-
 crament with a penitent Heart, and
 lively Faith, I may partake of the
 great Benefits of it, I may be one
 with Christ, and Christ with me ;
 and grant this for his Bowels and
 Compassion sake. *Amen.* Al-

Almighty Lord, who hast of thy infinite Mercies vouchsafed to ordain this Sacrament for a perpetual Memory of that blessed Sacrifice which once thou madest for us upon the Cross ; Grant me with such diligent Remembrance, and such due Reverence, to participate of this so holy and so wonderful a Mystery, that I may be made worthy by thy Grace to obtain the Virtue and Fruits of the same, with all the Benefits of thy precious Death and Passion, and the Fulness of all thy Graces ; which I beg for the sake of thy only Son, and my Saviour, God from everlasting, and World without end.
Amen.

A Prayer for Purity.

O Almighty God, whose Power is terrible to all those that approach thee with polluted Souls,
because

because thou art the Majesty unto whom the Thoughts and Imaginations of all Hearts are opened and apparent, all Desires and Wishes after any Evil are known and evident, and the God from whom no Secrets in Word or Deed are hid, or by any policy can be conceal'd ; the remembrance of my impurity makes me fear to draw near to thee, till I have implored thee, who alone art able to keep me, to cleanse and purge out all the Evils which are so commonly the Guests of my Heart, lest they provoke thy pure Eyes to pass me by with this Abhorrence, and deprive me of my Comfort, and Benefit of this Communion. Blessed Lord, prepare thy Lodgings in my Soul by the Inspiration of those pure Thoughts, and Heavenly Desires, which are the Fruits of thy Holy Spirit, and the Harbingers of the King of Glory ; that I may, as it is my own unfeigned desire at all times, and above all things, most sincerely
and

and perfectly love thee, and not suffer any secret Sin to be thy Rival in my Heart ; And that I may also, especially in this Sacrifice of Praise, worthily magnifie, and agreeably set forth the Glory of thy holy Name in giving so illustrious a Salvation to us through Jesus Christ, for whose sake I beseech thee to hear me : for he is thy Son, and shall be my Lord for ever. *Amen, Amen.*

A Meditation at the Offering.

O Lord, I give thee a small part of thine own, who hast given me all my earthly Comforts; yea, thy own Son out of thy Bosom, to become my salvation. O that I could give a thousand times more! thy love deserves it: For this I give not (alas!) as a requital of thy favour, but a testimony how much I owe

owe unto thee. My Charity cannot extend to thee, who needest nothing; only, holy Jesus, I do gladly embrace my poor Brethren, and thy Friends, whose Souls thou hast purchased with thy dearest Blood, and made them Heirs with me of the same Salvation. I rejoyce that thou acceptest so small a matter to them, as done to thy self: Behold therefore a soul I beseech thee, so sick and leprous, poor and naked, that it needs thy Mercy more than the most miserable Creature in the World my Charity: How many and how earnest Prayers do I need? Could I engage all the poor on Earth, whose Prayers soonest pierce the Clouds, I need all this, and as much more, to make way for mine acceptance: But, O my Saviour, this is a Day in which thou scatterest thy Bounties; wherefore remember thou my soul which is undone without thy Pity; and since thy Mercies are infinitely greater than ours, Lord, do not pass me by.

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and perfectly love thee, and not suffer any secret Sin to be thy Rival in my Heart ; And that I may also, especially in this Sacrifice of Praise, worthily magnifie, and agreeably set forth the Glory of thy holy Name in giving so illustrious a Salvation to us through Jesus Christ, for whose sake I beseech thee to hear me : for he is thy Son, and shall be my Lord for ever. *Amen, Amen.*

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far be it from me to think so meanly of thy Love, as to esteem mine Alms the purchase of it: No, no, I do only by this small Token give thee Livery and Seisin of me and mine; and having vowed to purchase a more glorious Interest, and to seek thy Kingdom, I do renounce the Riches of the World. O happy exchange, and admirable way of Gain! But so thou art wont to deal with us, O God, to accept Trifles from us, and give Glories to us, great, endless, and inexpressible. I adore thee, O my Lord, and love thee; and because there is no Earthly Gift that can bear proportion with such unspeakable Goodness, I will give my Soul also, and it shall be thine for ever. *Amen.*

Just after the Prayer of Consecration, say,

A Men, Lord, it is done as thou hast commanded, and I doubt not but the Mystery is rightly accomplished:

complished : I am persuaded here is that my Soul longeth for, a Crucified Saviour, communicating himself to poor penitent Sinners. O let me but be reckoned among that Number, and then I shall assuredly receive the Holy Jesus. *Amen.*

Lord, Thou hast set open this Fountain, and wilt thou suffer a wretched Creature to die for Thirst in thy Presence? Hast thou prepared such a Balm to heal me, and shall I languish here before thee? I know, if thou wilt thou canst make me clean ; here is the very Instrument in thy Hand ; Grant me therefore, Holy Jesus, that I may rightly apply it, and duly use it, and it shall prepare me for thee, and unite me to thee with such inseparable Bonds as can never break, unless Eternity have an end. Blessed are they that so eat thy Flesh, and so drink thy Blood as thou requirest, and so as thy Saints of old have done ; for they

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have

have been cleansed at this Fountain and here their Union with thee first began : O happy Season, excellent Opportunity ! Lord, let me do it well this once, and I am thine for ever. *Amen.*

A Prayer before the Sacrament.

O Thou Shepherd of *Israel*, thou that feedest us as Sheep, thou makest us to lie down in pleasant Pastures, and ledest us by the still Waters running from the Clifts of the Rock, from the Wounds of our Lord, from the Fountain of salvation ; Thou preparest a Table for us, and anointest our Heads with the Unction from above, and our Cup runneth over : Let the Blood of thy Wounds, and the Water of thy Side, wash me clean, that I may, with a pure soul come to eat of the purest sacrifice, the Lamb slain from the beginning
of

of the World. Thou givest thy self to be the Food of our souls in the Wonders of the Sacrament, in the Faith of thy Word, in the Blessings and the Graces of thy Spirit: Perform that in thy Servant which thou hast prepared and effected in thy Son: Strengthen my Infirmities, heal my Sickneses, give me strength to subdue my Passions, to mortifie my Corruptions, to kill all my Sins: increase thy Grace in my soul, kindle a fervent Devotion in me, extinguish all the Fires of Hell, Pride, Vanity, Envy, and all my Spiritual Wickednesses. Pardon all my Sins, and fill me with thy Spirit, that with thy Spirit thou mayst dwell with me, and by Obedience and Love I may dwell with thee, and live in the Life of Grace, till it pass on to that of Glory by the power of thy Blessings, by the Passion and Intercessions of thy Word incarnate, whom I adore, and whom I love, and whom I will by thy Grace serve for ever and ever.

And ever grant this, O Eternal God, for his sake who died for us, our blessed Lord and saviour Jesus Christ; for I am not worthy to be called thine, make me as one of thy meanest servants; the lowest Room at thy Table is too good for me. Give my Sins thy Pardon, my Soul thy Grace, my Person and Service thy Acceptance in thy Beloved, and convey his Merits to my Soul, and seal to me the Pardon of all my Sins in this present Sacrament I am now about to take. O Lord, hear from Heaven, seal and help me, inrol my Name in the Book of Life, for thy Everlasting Compassion sake, to whom be rendered Praise World without end. *Amen.*

*A Prayer just before the
Sacrament,*

O Eternal God Jesus, assist me
by thy Holy Spirit, to a right
Performance

Performance of those great Duties I am now about in the apprehending thee, in this thy Glorious Sacrament. O my Jesus, who saved me by thy Blood, in this Ordinance wherein thou art set forth Crucified, I behold thy Wounds, from whence by the Hand of Faith I draw forth Comfort, being made Partaker of thy Nature, who hast made thy self Partaker of our Human Nature, by taking upon thee our Flesh, and thou hast communicated unto me of thy Spirit in this thy Holy Sacrament: Therefore thou art my God, in whom I trust to make good my Right to the Covenant of Grace, by this Communion with thee, which can only bring me to that heavenly Inheritance that thou hast purchased for me in thine own Blood. I do not trust in my own Faith, but thy Faithfulness: O blessed Saviour, I trust not in my own Repentance, but in thy Free Pardon; not in my own Preparation, but in thine

Acceptance ; in thee, and in thy Merit, Mercy and Free Grace, I only trust. Let me not be disappointed of my hope, nor deprived of the Blessing : I trust in thee, by this Sacrament which I am going to partake, that I shall be filled with all those spiritual Graces I want. O let me not be sent empty away, but behold me, Holy Jesus, trusting after a full pardon of all my Sins : Cure all my spiritual Lameness, Ignorance, Blindness and Weakness to the performance of the sacred Devotion of this Holy Sacrament, and breathe into my Soul the assurance of Salvation, by leading me in the way of Everlasting Life, I trust in thee as the Rock of my Strength ; Thou, my God, hast promised, That whosoever relyeth on thee, shall not be confounded ; be it unto me according to thy Word. *Amen.*

A Prayer before the Sacrament.

O Most merciful God, who hast in thy great Goodness prepared this spiritual Feast for sick and famished Souls, make my desires and gaspings after it, answerable to my needs of it. I have, with the Prodigal, wasted that Portion of Grace thou bestowedst upon me, and therefore do infinitely want a supply out of this Treasury : But, O Lord, how shall such a Wretch as I dare to approach this holy Table ? I am a Dog, how shall I presume to take the Childrens Bread ? or how shall this Manna, this Food of Angels, be given to me, who have chosen to feed on Husks with Swine ? Nay, to one that hath already so often trampled these precious things under Foot, either carelessly neglecting, or unworthily receiving these holy
My-

Myſteries ? O Lord, my horrible
 guiltineſs makes me tremble to come,
 and yet makes me not dare to keep
 away : For where, O Lord, ſhall
 my polluted Soul be waſhed, if not
 in this Fountain which thou haſt
 opened for Sin and for Uncleanneſs ?
 Hither therefore I come, and thou
 haſt promiſed, That he that cometh
 to thee, thou wilt in no wiſe caſt
 out. This is, O Lord, the Blood of
 the New Teſtament ; grant me to
 receive it, that it may be to me for
 remiſſion of Sins ; and though I have
 ſo often and ſo wretchedly broken
 my part of that Covenant, whereof
 this Sacrament is a Seal ; yet be thou
 graciously pleaſed to make good thine
 to be merciful to my Unrighteouſneſs,
 and to remember my Sins and my
 Iniquities no more : And not only ſo,
 but to put thy Laws into my Heart,
 and to write them in my Mind ; and
 by the Power of thy Grace diſpoſe
 my Soul to ſuch a ſincere and con-
 ſtant Obedience, that I may never
 again

again provoke thee. Lord, grant that in these holy Mysteries, I may not only commemorate, but effectually receive my blessed Saviour, and all the Benefits of his Passion. And to that end, give me such a Preparation of Soul, as may qualifie me for it : Give me a deep sense of my Sins and Unworthiness, that being weary and heavy laden, I may be capable of his Refreshings ; and by being suppled in my own Tears, I may be the fitter to be washed in his Blood. Raise up my dull and earthly Mind from grovelling here below, and inspire it with a holy Zeal, that I may with spiritual Affection approach this spiritual Feast. And let, O Lord, that infinite Love of Christ, in dying for so wretched a Sinner, inflame my frozen benumbed Soul, and kindle in me that sacred Fire of Love to him, and that so vehement, that no Waters may quench, no Floods drown it ; such as may burn up all my Dross, and not leave one unmortified Lust
in

in my Soul: and such as may also extend it self to all whom thou hast given me Command and Example to love, even Enemies as well as Friends. Finally, O Lord, I beseech thee to cloath me in the Wedding-Garment, and make me (though of my self a most unworthy, yet by thy Mercy) an acceptable Guest at this holy Table, that I may not eat nor drink my own Condemnation, but may have my Pardon sealed, my Weakness repaired, my Corruptions subdued, and my Soul so inseparably united to thee, that no Temptation may ever be able to dissolve the Union; but that being begun here in Grace, it may be consummated in Glory. Grant this, O Lord, for thy dear Son's sake, Jesus Christ. *Amen.*

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Another Prayer.

O Blessed Jesus, who once offeredest thy self for me upon the Cross, and now offerest thy self to me in the Sacrament, let not, I beseech thee, my Impenitence and Unworthiness frustrate these so inestimable Mercies to me, but qualify me by thy Grace to receive the full benefit of them. O Lord, I have abundant need of thee, but am so clogged with Guilt, so holden with the Cords of my Sins, that I am not able to move towards thee. O loose me from the Bonds wherein Satan and my own Lust have bound me, and draw me that I may run after thee. Lord thou seest daily how eagerly I pursue the Paths that lead to Death; but when thou invitest me to Life and Glory, I turn my back, and forsake my own Mercy. How often hath this Feast been prepared,

pared, and I have with frivolous excuses absented my self; or If I have come, it hath been rather to defie than adore thee? I have brought such Troops of thy perfect Enemies, unrepented Sins, along with me, as if I came not to commemorate, but to renew thy Passion, crucifying thee afresh, and putting thee to open shame: And now of what punishment shall I be thought worthy, who have thus trampled under foot the Son of God, and counted the Blood of the Covenant an unholy thing? yet, O Merciful Jesus, this Blood is my only refuge; O let this make my Atonement, or I perish eternally. Wherefore didst thou shed it, but to save Sinners? Neither can the Merit of it be overwhelmed either by the greatness, or number of my Sins. I am a Sinner, a great one, O let me find its saving Efficacy. Be merciful to me, O God, be merciful to me, for my Soul trusteth in thee, and in the clifts of thy

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thy Wounds, shall be my refuge,
 until thy Father's Indignation be o-
 verpast. O thou who hast as my
 High Priest Sacrificed for me, inter-
 cede for me also, and plead thy meri-
 torious Sufferings on my behalf, and
 suffer not, O my Redeemer, the
 price of thy Blood to be utterly lost.
 And grant, O Lord, that as the Sins
 I have to be forgiven are many, so I
 may love thee much. Lord, thou
 seest what faint, what cold Affecti-
 ons I have towards thee ; O warm
 and enliven them ; and as in this
 Sacrament, that transcendent Love of
 thine, in dying for me, is shed forth,
 so I beseech thee, let it convey such
 Grace into me, as may enable me
 to make some returns of Love.
 O let this Divine Fire descend from
 Heaven into my Soul, and let my
 Sins be the Burnt-Offering for it to
 consume, that there may not any
 corrupt Affection, and cursed thing
 be harbour'd in my Heart ; that I
 may never again defile that Place
 thou

thou hast chosen for thy Temple. Thou didst, O Holy Jesus, Redeem me from all Iniquity, O let me not again tell my self to work Wickedness but grant that I may at this time approach thee with most sincere and fixed Resolutions of an intire Reformation; and let me receive such Grace and Strength from thee, as may enable me faithfully to perform them. Lord, there are many old habitual Diseases my Soul groans under, (*here mention thy prevailing Corruptions*) and though I lie never so long at the Pool of Bethesda, come never so often to thy Holy Table, yet unless thou wilt be pleased to put forth thy healing Virtue, they will still remain uncured. O thou blessed Physician of Souls, heal me, and grant that I may now so touch thee, that every one of those loathsome Issues may immediately stench, that these Sickneses may not be unto
 Death,

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Death, but unto the Glory of thy Mercy in pardoning, and to the Glory of thy Grace in purifying so polluted a Wretch : O Christ, hear me, and grant that I may now approach thee with such Humility, and Contrition, Love, Faith and Devotion, that thou mayst vouchsafe to come to me, and abid with me, communicating to me thy self and all the Merits of thy Passion ; and then, O Lord, let no Accusations of Satan, or my own Conscience, amaze or distract me, but having peace with thee, let me also have peace with my self, that this Wine may make glad, this Bread of Life may strengthen my Heart, and enable me cheerfully to run the way of thy Commandments. Grant this, Merciful Saviour, for thine own Bowels and Compassion sake. *Amen*

Before the Bread.

O Blessed Lord God, who hast given us thine only Son to lay down his Life for our Sins, and his Flesh for the Food and Nourishment of our Souls, purge and purifie my vile and sinful Soul, that it may be a fit habitation for his pure, precious and unspotted Body, and that no unclean thing may presume to enter where he hath been pleas'd to take up his Dwelling, from henceforth for ever. *Amen.*

Thou hast said, That he that eateth thy Flesh, and drinketh thy Blood, hath Eternal Life.

Behold the servant of the Lord, be it unto me according to thy Word.

At

*At the Receiving of the
Bread.*

BY thy Crucified Body, deliver
me from this Body of Death.

After the Bread.

Blessed be thy Holy Name, O
Lord my God, who hast vouch-
safed to feed me with that holy Bread
from Heaven, the Flesh of thy dear
Son: grant that in the strength of
this Food, I may walk before thee in
Holiness and Righteousness all the
Days of my Life, till I come to the
Mount of God, the Holy Hill, where
thine Honour, and our Rest, dwel-
leth. *Amen.*

*If you have time, use this following
Meditation.*

OH my Soul, behold how thou
hast incensed the Majesty of
Heaven!

Heaven! See how he gives up the most innocent and most holy Jesus, thy best and thy only Friend, and his own dear Son, to be trampled and tormented for thy sins! Oh how cruelly was he scourged with Whips, wounded with Thorns, loaden with the Cross, torn with Nails, pierced with a Spear, and racked on the most painful Instrument of Death! his lovely Face defiled with Blood and Spittle; His Ears filled with Taunts and Curses; His Eyes drenched in Tears, for the Ruin of his Enemies; and his Soul amazed at the Terrors of the Divine Wrath; till at length all wounded, broken and Bloody with many Groans, yet with admirable Patience he breaths out his holy soul; and yet whatever he suffered was thy Portion: My Pleasure hath been his Pain; my delicious Life hath caused his bitter Death. Wretch that I am, to live in such a manner, that nothing else could fatisfie or
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make my Peace : But here I come this day to call my Sins to remembrance : I will look on thee whom I have pierced, with a most tender and sympathizing Affection, and reflect, that as I break this holy Bread with my Teeth, so wast thou bruised for our Iniquities, and our Offences did grind thee with Grief and Pain. Holy Saviour, I am angry at my self, and full of anguish to see what I have brought upon thee : I am sorry with all my Heart, that I have given harbour to thy Murderers ; but I hope this most dismal spectacle shall mortifie in me all desires after evil, and make me abhor all these desperate Pleasures, which must so much offend thee, which must be cleansed by thy most precious Blood, or else stand charged upon my account for ever. No, no, I will never Crucifie thee again by renewing my Disobedience, for I have done too much already.

Before

Before the Cup.

O Blessed Lord, who hast given the Blood of thine only Son to be shed for our Sins, and to refresh and restore our weary gasping Souls; Cleanse and Sanctifie me, O Lord, that I may receive this Cup with a pure Heart and not with polluted Lips, to the Eternal Comfort and Refreshment of my Soul. Methinks, O my Redeemer, while thou art pouring forth thy most precious Blood, thou mayst look upon me with a Countenance mixed with pity, and upbraiding, that I should take so little Care to save this Soul, which thou hast brought at such a rate. Are not here represented those Drops of Blood that have sealed the Covenant of Peace, and confirmed all the Promises of the Gospel? Why then am I not swallowed up with Admiration? Why do I not breathe
and

and pant after it? I am not come to quench my bodily Thirst, but to wash my Soul in this Salutory Fountain. O how freely it flows! how perfectly it cures! Lord, let me tast thereof; make it unto me the Blood of Jesus, for it is that my Soul thirsteth after; and now after that powerful Word that halloweth it, let not my evil Thoughts, or Unbelief, Malice or Impenitence, make it to my self an unhallowed thing; but as thou hast fitted it for the Mystery, O fit me also to receive it. I cannot now have any low or common Thoughts about it; I will by Faith esteem it as my Saviour's Blood; and though I am unworthy of so Divine a Cordial, yet my Soul gaspeth for it; without it I must die and perish.

At the Receiving of the Cup.

O Let this Blood of thine purge
my Conscience from dead
Works

Works to serve the Living God. Lord, if thou wilt, thou canst make me clean: O touch me, and say, I will, be thou clean.

After the Cup.

Blessed be thy holy Name, O Lord my God, who hast vouchsafed me to drink of this Fountain of Living Water, of the precious Blood of thy dear Son. Grant, that this holy Cup may be an Antidote and Preservative against all Sin and Evil, and may keep my Soul in Health to the end of my Days. Lord, what is Man, that thou art thus mindful of him? or the Son of Man, that thou thus visitest him? What is thy Servant, that thou shouldst look upon such a dead Dog as I am? The Dogs eat of the Crumbs which fall from their Masters Table; but thou hast fed me with the Bread of thine own Children, and given me to drink of thy

thy own Cup; Thou hast fed me in a green Pasture, and led me forth besides the Waters of Comfort. O taste and see how gracious the Lord is! Blessed is the Man that trusteth in him. What Reward shall I render unto the Lord, for all his Benefits towards me? Lord, I offer up to thee my self, my Soul and Body, all that I am and have, humbly beseeching thee graciously to receive me for thy Servant, to dwell in thy House, and to praise thy Name for evermore. Thou art worthy, O Lord, to receive Honour, and Glory, and Power, for thou hast created all things, and for thy Pleasure they are, and were created. Thou art worthy to take the Book, and open the Seals thereof, for thou wast slain, and hast redeemed us unto our God, and hast made us Kings and Priests, and we shall all reign with thee for ever. Salvation to our God, which sitteth on the Throne, and to the Lamb. *Amen.*

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Blessing,

Blessing, and Glory, and Wisdom, and Thanksgiving and Honour, and Power, and Might, be unto God for ever and ever *Amen.*

This Prayer at last, after having Received the Sacrament.

BLessed by thy Name, O Lord, in the great Mercy I have now received. O God, I desire with a fervent and inflamed Affection of a grateful Heart, to return Thanks and Praise unto thee, for this inestimable Kindness thou hast this Day vouchsafed me, by giving thy self unto me. Lord, as thou hast made me Partaker of thy blessed Sacrament, feeding me with the Body and Blood of thy Son, what is there in Heaven, or on Earth of more Price or Excellency? What more certain sign and Pledge of thy Grace can there be, than the precious Blood of thy Son, poured out for my Sins on
the

the Altar of the Cross, the very price of my Redemption thou bestowest upon me, that I may have undeniable Testimony of thy Love, by the effusion of thy Blood satisfaction is made for my Sins, and by the drinking thereof the Remission of my Sins is confirmed unto me. Truth it self has said, *Whosoever shall eat my Flesh, and drink my Blood, hath Eternal Life, and I will raise him up at the last Day.* Lord, set home upon my Heart the Mercy and Compassion of this thy Love unto my Soul, and graciously keep me from committing again those Sins that I have this Day vowed against. O Lord Jesus, be pleased in Mercy so to accept of me, and so powerfully and graciously assist me, that I may savingly behold thee in thy blessed Promises, that I may happily enjoy thee in thy holy Ordinances; that I may clearly see, and joyfully confess, what great things thou hast done for my poor Soul; that I may

be daily refreshed with Contemplation of thy exceeding Love ; and hourly busied with recounting thy endless Praise. Lord, make me to forsake the Sins and Miseries of this Life ; make me more watchful over my own Heart, more zealous of thy Glory and thy Childrens good, that I may never willingly offend thee ; that so my Heart and my self may triumphantly rejoyce in thee, the living Lord. Mortifie my Corruptions, support my Weakness, and accept my Willingness : Let this Humiliation before thee be a pleasing Sacrifice unto thee, for thy Son's sake, whose precious Life thy Rich Mercy hath sacrificed to thy Justice for me. Lord hear me, and have Mercy on me ; and grant, that not one good Purpose, which thy Spirit hath raised in me this Day may vanish, but that I may bring forth Fruit unto Life Eternal. Grant this, O merciful Father, for Jesus Christ his sake. *Amen.*

A Prayer after the Sacrament, or during the Receiving it by others.

O Lord our Heavenly Father, high and Almighty Everlasting God, Regard, we beseech thee, the Devotions of thy humble Servants who do now celebrate the Memorial which thy Son and our Saviour hath commanded to be made in remembrance of his blessed Passion and Sacrifice; that by the Merits and Powers thereof now represented before thy Divine Majesty, we, and all thy whole Church, may be made Partakers of all other the Benefits of his most precious Death and Resurrection from the Earth, and glorious Ascension into Heaven, who liveth and reigneth with Thee and the holy Spirit, ever one God World without end. *Amen.*

The Address.

HOly God, thou mightest justly wonder to see such a grievous Sinner daring to come so near; but I do not impudently rush upon these dreadful Mysteries; nor do I presume to come to this thy Table, where Angels do attend, as if I deserved this honour. O merciful Lord God, I do not approach trusting in my own Righteousness; for alas! I have done nothing which can bear that Name: But that which drew me hither, was my Confidence in thy manifold and great Mercies, which exceeds my manifold and great Offences. And now that I am before thee, I must still confess whatever Favours thy Goodness heaps upon me, that I am not worthy by reason of my Sinfulness and Backslidings, so much as with the Dogs to gather up the Crumbs that fall under thy Table: nor fit to receive the least Mercies, or Measure of Grace from thee; much

much less to sit as a Guest before thy Majesty, at this heavenly Feast, but yet I make bold to do this, because thou art not to be changed by our Sins, being the same Lord, whose Property is to be unwearied in well-doing, and never wanting in Mercy; Thou art wont alway to have Mercy on those who confess their Offences; Grant unto me, gracious Lord, by the present Assistance of thy Holy Spirit, so to eat the Flesh of thy dear Son Jesus Christ spiritually in this Sacrament, and so to drink his Blood, as that I may receive all the Benefit of his Cross and Passion, even that my sinful and defiled Body may be made clean by his holy and immaculate Body; and my Soul, which is polluted in every Faculty, washed through with his most precious Blood, which taketh away the Sins of the World. Let me be so wholly purified, that I may now begin to be inseparably united to Jesus; and that I, by Faith, may evermore

dwell in him, and abide in his Love, and he again by his Spirit may dwell in me always. *Amen.*

After having Received.

O Blessed Lord Jesus, I humbly beg by all the most Sacred Sufferings of thy bitter Death and most precious Blood shed for me, and by all foretold of thee, and fulfilled by thee, that thou wilt in great Mercy vouchsafe to deliver me, a fordid Sinner, from all my Tribulations and Distresses, from the Snares of the Devil, from the Bond and Chains of my Sins, and from all Evils both of Soul and Body. Good Lord, save, deliver and defend me from all wicked Imaginations and Actions, by vouchsafing so to dispose and order the whole Transactions of my Life, that they may be acceptable unto thee. Oh may that precious Blood which flowed from the sacred Side of my blessed Saviour, wash off the
Pollutions

pollutions of my sinful Soul, and soft-
 en the hardness, moisten the driness,
 and make fertile the barren Ground
 of my Heart to be capable of the
 great benefits my dear Saviour and
 Redeemer hath purchased with his
 Blood. Oh how weak, how imper-
 fect are my Graces! I see and know
 but in part, Oh how many tempta-
 tions and difficulties assault me in my
 best performances, which make all
 I can do far unworthy of thine accep-
 tance. I renounce all things of my
 self, relying wholly and solely on the
 all-sufficient Merit of my Lord and
 Saviour Jesus Christ, for to convey
 the power and virtue of his Death in-
 to my Soul, which will fill me with
 thy All-sufficient grace and holy
 peace, to persevere in all Righteous-
 ness, and Purity of Life, as becomes
 those that have vowed themselves to
 thy Service in this present sacrament,
 I have now received. Oh remem-
 ber not my Sins, either for Nature,
 Number, Extent, or what degree
 forever

foever I have offended thee in. O give Victory to my languishing Soul in her spiritual Conflicts, by guiding me with thy Counsels, sustaining me with thy Grace, refreshing me with thy Comforts, preserving me in thy Love, and crowning me with thy Glory, as thou hast promised to those that diligently seek thee: Be it unto me according to thy Word; and Eternal Praise be given unto thy Holy Name, Oh blessed Saviour and God Eternal, World without end.
Amen.

*A Meditation by way of
 Prayer after the Sa-
 crament.*

A Wake, awake, O my Soul, and bless the Lord, who daily keeps his Goodness upon thee: Bless God, that makes the sweet dew of his Clemency continually to drop on thee. All that is within me, bless the Savi-
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our of the World, who hath so loved us, as to wash away our sins in his own Blood ; the Lamb that sits on his Throne to Judge thy Deportment. O great God, with what contentment ought I to cast my self at thy Feet, who am so happy as to be admitted to approach thy Holy Table ! It is thou, my God, that hast broken in pieces the Wiles of the Devil, giving me victory over sin and his Temptations by Heavenly succor against his fierce assaults, and the evil inclinations of my nature ; which would induce me to the cruel slavery of sin and Death, but, my God, by thy singular Mercy, I am drawn from the Jaws of Satan, make me now to Triumph in thy Power far above all his Temptations, teaching me to say with *Simeon*, *let thy Servant now depart in Peace* from thy Altar, *for my Eyes have seen thy Salvation* ; for this I render unto thee all possible Praise, and glorifie thy Name according to thy due, though
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it is not in human Nature to express. Thou art above all acknowledgements, but with Millions of Sacrifices and Praises, I truly lie at thy Feet, to embrace them with Hearty Repentance for all which is past and done amiss, in this my weak performance, earnestly desiring to Live up to those unfathomed Mercies, I have received even now, in the perception of this Sacrament, wherein thou hast cleansed me from my Sins, and washed away all my Offences. 'Tis thou that hast made me approach thy Holy Table, and by it to participate of thy Merits; there is nothing more after this Sacrament, but to be united to thy Glory, for whom thou hast died, to purchase Eternal Life. Make me, Lord, to be attentive to thy Word preached, and careful that it may be as seed sowed in good Ground, to bring forth Fruit into Eternal blessedness. Let this Divine Light of the Gospel, which hath been declared in thy Church, since

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our Saviour's time unto this Day, dissipate the Darknes of my imperfect understanding, and fill my apprehension with a perpetual memory of the Bounty of thy powerful Divinity. Direct my steps in thy Laws, and let my Mouth set forth thy Praise. Raise, Lord, my Soul by Ardent Devotions in stedfast thoughts of Celestial things, guiding me as one whose Name is in the Book of Life, bought with the Blood of the Immaculate Saviour. O unite my Spirit unto thee, by continual Meditations of Heavenly things and Felicity, which will keep me from ever turning to the Vanity of this corrupted Earth. O Lord, let the Inspirations of thy holy Spirit have its powerful effects upon my Soul, by giving me strength to resist all Temptations, to overcome all Vice, that so I may for ever live a Life of Grace here to thy Honour and Glory. What can be done less on our part than to live daily in a perfect Resignation of our selves,
Souls

Souls and Bodies at thy Service? This
 imployment suits best with those
 that have vowed their Obedience to
 the Command of the Lord, whose
 purchase we are, and at no less a
 price then the shedding of his Hearts
 Blood, with which his Life expired.
 Oh can I think on this unparallell'd
 Love, and not be in an extacy of
 Love for thee again! Oh Blessed Je-
 sus, breathe into my Soul the gift of
 thy holy Spirit, that may fill me with
 Divine Grace, which doth incessant-
 ly distil on those that have given up
 their Names to Christ Jesus, as the
 only Object of their Hearts Joy. O
 see the Sacrifice he is become for us,
 by embracing Death to gain us Eter-
 nal Life: Admire his Mercy, adore
 his Divinity, and attend with un-
 speakable rejoycings the day of this
 Transaction, to dwell for ever with
 the blessed Trinity, the only founda-
 tion of our salvation, by the Holy
 Unity of Three Persons. Up now,
 my Soul, and satiate thy self with
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the Contemplation of thy Saviour's Love, who hath called thee to Communicate of his Body and Blood, the only Cure for thy sick Soul, and Means capable to blot out all thy Crimes, Sins and Offences ; shew thy real sense of these unexpressible Mercies by a perpetual Conformity to the Will of thy blessed Saviour, in thy whole Life to come, making his Commands thy delight, his Service thy daily employment, so that every action may manifest 'tis not in vain that thou hast drawn near this day to the Table of the Lord, who hath met you in Compassion, and will still support you with his grace here, till he doth consummate thy perfect Happiness with himself in Eternal Glory hereafter, in his heavenly Kingdom. *Amen.*

*A Thanksgiving after
Receiving.*

O Thou Fountain of all Goodness, from whom every good and perfect Gift cometh, and to whom all honour and Glory should be returned ; I desire with all the most fervent and Inflamed Affections of a grateful Heart, to bless and praise thee for those Inestimable Mercies thou hast vouchsafed unto me. Lord, what is Man, that thou should'st so regard him, as to send thy beloved Son to suffer such bitter things for him ? But, Lord, what am I, thy most sinful Creature, that I should have any part in this Atonement, who have so often been wretchedly ungrateful for his Sufferings ? O the heighth and depth of this Mercy of thine ! that art pleased to admit me to the renewing of that
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Covenant with thee, which I have so often and perversely broken ; that I, who am not worthy of that daily Bread which sustains the Body, should be made partaker of this Bread of Life, which nourishes the Soul ; and that the God of all Purity should vouchsafe to unite himself to so polluted a Wretch ? O my God, suffer me no more, I beseech thee, to turn thy Grace into Wantonness, to make thy Mercy an occasion of security ; but let this unspeakable Love of thine constrain me to Obedience ; that since my blessed Lord died for me, I may no longer live unto my self, but unto thee, O Lord. I know there is no Concord between Jesus Christ and *Belial* ; therefore now, since he hath been pleased to enter my Heart, O let me never permit any Lust to chase him thence, but let him that hath so dearly bought me, still keep possession of me, and let nothing ever take me out of his Hand. To this

H end,

end, be thou graciously pleased to watch over me, and defend me from all assaults of my spiritual Enemies ; but especially deliver me from my self, from the treachery of my own Heart, which is too willing to yield it self a prey ; and where thou seest I am either by Nature or Custom most weak, there do thou, I beseech thee, magnifie thy Power in my Preservation. (*Here mention thy most dangerous Temptations.*) And, Lord, let my Saviour's Sufferings for my sins give me courage to shed my Blood to bear witness to the Truth, if ever thou callest me to such a Tryal, by which those holy Symbols have passed. Grant me to find new Desires, and new Hopes : Grant I may be renewed in my spirit, and my Affections refined and purified ; O fit my Soul with such a holy Vigour, that through thy Mercy I may accomplish all my Resolutions. *Amen.*

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O Blessed Jesus, I have vowed
 my self thine, but yet stand
 in fear and expectation of the most
 furious Assaults which will be made
 upon me by the Enemy, from whom
 I have withdrawn. And, alas ! I
 have too often returned again to Fol-
 ly. But if thou pleasest to plant thy
 Grace within me, and send thy Bless-
 ing upon me, I fear not his Policy,
 nor Power. I have received that
 heavenly Food, which is the Means
 to convey this Grace ; and I know
 that by this Celestial Remedy, ma-
 ny of thy servants have been dread-
 ful to the Powers of Darknes, and
 thou didst never cast off any humble
 Soul. O bless then this Life-giving
 Mystery in every one of us, that we
 may find such power and strength,
 such courage and resolution flowing
 from thence, that we may all stand
 firm to the Purposes which we have
 made in this holy Sacrament. We
 are now thy servants ; and O what
 Quiet and Comfort, what safety

and Joy, what Honour and Pleasure have we under so gracious a Lord? How happy shall I be, in enjoying a freedom from anger, &c. O mark us all for thine own, and deny us not that Grace which is necessary for us to make thee ours, and us to be thine: If we feel not some effects thereof, we shall tremble for fear, lest thou hast rejected us, and our Oblations; but who did ever seek thee, and did not find? Who ever trusted in thee, and was forsaken? We are sure that in thee all fulness of Grace doth dwell; O let it now overflow, that of thy fulness we may all receive, so shall we daily, and always perform our Vows. *Amen.*

O Thou all-seeing and most holy Lord God, I have beheld the efficacious and all-saving Sacrifice which thy Son hath offered for us: I have remembered it, and blessed thy Name for it as much as I was able, though not so highly as I ought, for
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the benefits thereof are inestimable :
 O let them not all be lost to us for
 want of Faith to believe and receive
 them. There is no want of Merit
 in Jesus to deserve, no want of Mer-
 cy in thee to bestow, Remission : O
 let there not want in us, or in any
 of those for whom Christ died, Grace
 to accept this Pardon ! Behold,
 Lord, how we struggle under a
 Load of Guilt ; but though a trou-
 bled Conscience perplex us, though
 our remaining Corruptions oppose
 us, and though the decay of our
 Graces doth deject us, yet lo ! here
 is an effectual Remedy for all those
 Miseries : Help us every one, I hum-
 bly beseech thee, so to apply it, that
 we, and our Brethren, whom we
 love as our selves, may find a blessed
 Cure. Who was ever reconciled to
 thee, but by Jesus ! Or who ever
 was so much thine Enemy, but this
 Sacrifice had made his Peace ; And
 shall it be ineffectual always only to
 us ; Dear Father, let us find the
 Effi-

Efficacy thereof in our selves, and discern the Fruits thereof in all the Members of thy Church; so shall we be engaged to praise thee more and more for thy great salvation, through Jesus Christ. *Amen.*

A Prayer of Intercession.

O Most gracious Lord, who hast so tenderly loved Mankind, that thou gavest thy dear Son out of thy Bosom, to be a Propitiation for the sins of the World; Grant, that the effect of this Redemption may be as universal as the design of it, that it may be to the salvation of all. O let no person by impenitence and wilful sin forfeit his part in it; but by the power of thy Grace, bring all, even the most obstinate sinners, to Repentance. Enlighten all that sit in Darkness, all *Jews, Turks, Infidels and Hereticks*; take from

from them all blindness, and contempt of thy Word ; and so fetch them home, blessed Lord, to thy Fold, that they may be saved among the Number of the true *Israelites* : And for all those, upon whom the Name of thy Son is called, grant, O Lord, that their Conversation may be such as becometh the Gospel of Christ ; that his Name may be no longer blasphemed among the Heathens. O blessed Lord, how long shall *Christendom* continue the vilest part of the World, a sink of those abominable Pollutions, which even *Barbarians* detest ? O let not our Profession and our Practice be always at so wide a distance ! Let not the Disciples of the holy and immaculate Jesus, be of all others most profane and impure : let not the subjects of the Prince of Peace, of all others be most contentious and bloody ; but make us Christians in Deed as well as in Name, that we may walk worthy of that holy Vocation

cation wherewith we are called ; and may all with one Mind and one Mouth glorifie thee the Father of our Lord Jesus Christ. Have Mercy on this Church ; look down upon it from Heaven, the Habitation of thy Holiness, and of thy Glory ; Power forth thy Mercies upon it, though our Backslidings are many. Bleis them that wait at thine Altar ; open thou their Lips that their Mouths may shew forth thy Praise. O thou Father of Mercy, and God of all Comfort, succour and relieve all that are in any Affliction ; deliver the Out-casts and Poor ; help them to Right that suffer Wrong : Let the sorrowful sighings of the Prisoners come before thee ; and according to thy Power and Mercy preserve those that are appointed to die. Grant ease to those that are in pain, supplies to those that suffer want. Give to all presumptuous sinners a sense of their sins ; and grant to us all thy Spirit, that so we
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may be admitted into that place of Purity, where no unclean thing can enter, there to sing Eternal Praises to Father, Son and Holy Ghost, for ever. *Amen, Amen.*

O Most Holy Lord God, I have been admitted to make an Oblation of my praises and My self to thee; and I am infinitely concerned lest my Wretchedness should make my Sacrifice an Abomination. I am ashamed that I am no fitter; I lament that I should bring so many Defilements, where the Purity of an Angel is scarce sufficient: But I take Sanctuary in thy most obliging Condescensions, and because I am so unworthy, I will endeavour to esteem my self as vile, as I really am in thy sight. O do not look upon the Deserts of a wretched Sinner, but remember thine own Mercies; so shall thy Favour be more illustrious, because it is bestowed upon so wretched a Sinner; and the sense of my unworthiness

I worthiness

worthiness shall enlarge my thankfulness, and make me praise thee more: O grant me thy Acceptance for the sake of the crucified Jesus.
Amen.

WHen I compare thy Acts with mine, holy Jesus, I am exceedingly ashamed to behold so vast a disproportion. Thou givest me thy Merits and thy Graces, thy Life and thy Love at present, and hast promised me thy Kingdom in Reversion, and I have scarce returned this with the entire Devotion of one half Hour. O how little is my obdurate Heart afflicted with the sense of my own Guilt, the fears of the Divine Justice, or the Apprehension of thy Suffering? Yet, Lord, I do desire and endeavour to praise thee, so that I hope thou wilt consider my Infirmities with much Compassion, and measure my Service not by the exactness of the Performances, but by the sincerity of my Wishes; so that
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I may, through thy Mercies, be accepted by the Heavenly Father, and by the Mercy of that Acceptance, be obliged to praise thee, holy Saviour, for ever. *Amen.*

*An Act of Oblation of
our selves.*

O Most Merciful Lord God, I am amazed at the mighty Favours shewed unto me, a sinful wretched Creature; I cannot but acknowledge thy Goodness, although I can make no Retributions: But it is not Mine, O Lord, but Me thou seekest, sinful and miserable though I am; and yet am I that Purchase for which *JESUS* hath left his Glory, and laid down his Life, and suffered many and great things for me. O marvellous Condescension! I am nothing, I am nothing; I am void of all good, full of evil and deserving

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ving thy Wrath ; so that I abhor my self ; and canst thou delight in me ? Be it so then, for I will dispute no more with unsearchable Mercy : I believe, O God, and wonder I can no more resist thy Condescending and Almighty Love ; I will with all the Joy imaginable give my self up entirely to thee, who hast lately restored me to my self. Alas ! I have been a Prisoner to Satan, a Slave to Sin, and marked out for Destruction, but thou hast procured my Pardon, Liberty, and Life, requiring no more for so unexpressible Bounty, but only that I will intirely become thine ; I do freely surrender my Self to thee, both Soul and Body, avowing that I would be no more my own, but thy Servant in all things, my Understanding shall enquire after thee, that I may always perform my Vows, and never rob thee of that which I have dedicated to thee in the sincerity of my Soul, I have sworn and am stedfastly purposed



posed to keep thy righteous Judgments; am thine, O save me, for thy Mercies and for thy son Christ Jesus sake. *Amen.*

An Act of Acknowledgement.

THere are many, O Lord, who are most importunate to obtain thy Favour, and unquiet till they receive some Testimonies thereof; and yet when their Desires are granted, they are unmoved, and ingrateful; but I will endeavour to Praise thee as heartily for these manifestations of thy Love, as I desired them fervently: I acknowledge therefore, that I am full of Wonder, to find myself Honoured with the highest Privileges, and remarked with the most illustrious Signals of thy Love. I begged the Mercy of gathering up the Crums under the Table, and behold, thou hast placed me among thy

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Child

Children : I was far from deserving this Honour, but I will rejoyce in it, and bless thy Name for it, because it hath revived my hope, and cheered my drooping Soul, and I am perswaded that this fresh Testimony of thy Favour will engage me to love thee with an unalterable Affection ; there was nothing that I desired in comparison of thy Love ; nor could I have wished a more certain Pledge of it, than thy Son, and my Saviour. Welcom art thou to me, O my Redeemer, for thy own sake ; and welcome as thou art the Evidence of thy Heavenly Father's Love to me, a miserable Sinner, I will acknowledge it at present, as much as I am able, and my whole Life hereafter shall shew, how deep a sense I have of this inestimable Goodness ; and when my Life doth fail, it shall be the subject of my Hallelujahs. *Amen.*

After

After the Sacrament.

ALmighty God, the Fountain of all Goodness, from whom all good and perfect Gifts do proceed and to whom all Glory and Honour should be returned, I do desire most Heartily to thank thee, for that thou hast vouchsafed to feed me with the spiritual Food of the Body and Blood of thy Son our Saviour Jesus Christ, and dost assure me thereby of thy Favour and Goodness towards me, and that I am a very Member incorporate in the Mystical Body of thy Son, which is the blessed Company of all faithful People, and am also an Heir through Hope of thine Everlasting Kingdom, by the Merits of the most precious Death and Passion of thy dear Son; O the height and depth of that unspeakable Mercy of thine who art pleased to admit me, a sinful
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ful Wretch, to have any part in those inestimable Benefits, which I have so often despised, and trampled under-foot ! I am not worthy, O Lord, of that daily Bread, which sustains the Body, but thou hast made me Partaker of that Living Bread, which came down from Heaven, which nourisheth the Soul, and of which who-soever eateth shall live for ever. O grant, that my Soul may relish this Divine Food with spiritual Ravishment and Love, and may be heated with the Flame of Cherubims; and grant, that what thou hast given me for the Remission of my sins, may not by any fault become the increase of them, that this holy Communion prove not unto me unto Judgment and Condemnation, but may support and preserve me, in every Temptation, rejoyce and quiet me in every Trouble, comfort and defend me in the Hour of my Death, against all Oppositions of the Spirit of Darknes and further me in the attainment of
Ever-

Everlasting Salvation, through Jesus Christ. *Amen.*

After the Sacrament.

Most Holy God, who art of purer Eyes than to behold Iniquity, grant, I pray thee, that no unclean thing may be harbour'd in me who have received thee into my Heart and Soul, But let this Blood of Christ (who through the Eternal Spirit offered himself without spot to the purging of the Conscience from dead Works, to serve thee the living God) give me Grace, that from henceforth I put off, concerning my former Conversation, the Old Man, which is corrupt according to the deceitful lusts, and be renewed in the Spirit of my Mind, and put on the New Man, which after thee is created in Righteousness and true Holiness. To which purpose, be pleased
to

to watch over me for good, to keep me both outwardly in my Body, and inwardly in my Soul. O God, thou feelt I have no power of my self to help my self; thou knowest me also to be set in the midst of so many and great dangers, that by reason of the frailty of my nature I cannot always stand upright. Grant to me such strength and protection, as may support me in all dangers, and carry me through all Temptations, thro' Jesus Christ our Lord. *Amen.*

O Thou with whom is no variability, nor shadow of change, let thy Holy Spirit direct me in all things; let thy Grace always prevent and follow me, and preserve me from all assaults of Spiritual Enemies, especially of my own treacherous Heart, which is deceitful above all things, wicked, desperately wicked: O Lord, thou knowest it, how often hath it betrayed me to the breach of thy holy Laws, to the Violation

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olation of all the Vows and Promises which I have made to thee? How often have I turned back in the day of Battle? O let me no more thus start aside like a broken Bow, but be stedfast, unmoveable, always abounding in the work of the Lord, resisting the Devil that he may flee from me, subduing my Flesh, and bringing it into subjection. Crucifying and overcoming the World, and therefore let those solemn Vows which I have made to leave off my Sins, never depart from my mind, but let the remembrance of them excite me to fight manfully under thy banner, and continue thy faithful servant and soldier unto my life's end.
Amen.

O Lord, I do here humbly present unto thee my soul and Body, to be a living, holy and reasonable sacrifice unto thee; I beseech thee, sanctifie my body, that from a polluted dunghill, it may be-

(108)

become the temple of God ; sancti-
fie my foul, and accept it for thy
dwelling place, the seat of thy Spi-
rit, and house of prayer, and holy
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The Order for the Administration of the Lords Supper, or Holy Communion.

¶ Then shall the Priest return to the Lords Table, and begin the Offertory, saying one or more of these Sentences following, as he thinketh most convenient in his discretion.

LET your light so shine before men, that they may see your good works, and glorifie your Father which is in heaven. S. *Mat.* 5. 16.

Lay not up for your selves treasure upon earth, where the rust and moth doth corrupt, and where thieves break through and steal: but lay up for your selves treasures in heaven, where niether rust nor moth doth corrupt, and where thieves do not break through and steal S. *Mat.* 6. 19, 20.

Whatsoever ye would that men should do unto you, even so do unto them; for
 † this

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 fie my soul, and accept it for thy
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 † this

this is the law and the prophets. *S. Mat.*
7. 12.

Not every one that saith unto me, Lord,
Lord, shall enter into the Kingdom of
heaven, but he that doth the will of my
Father which is in heaven. *S. Mat.* 7.
21.

Zaccheus stood forth, and said unto the
Lord, Behold, Lord, the half of my goods
I give to the poor, and if I have done any
wrong to any man, I restore four-fold. *S.*
Luke 19. 8.

Who goeth a warfare at any time of
his own cost? who planteth a vineyard,
and eateth not of the fruit thereof? or
who feedeth a flock, and eateth not of the
milk of the flock? *1 Cor.* 9. 7.

If we have sown unto you spiritual
things, is it a great matter if we shall reap
your worldly things? *1 Cor.* 9. 11.

Do ye not know that they who minister
about holy things, live of the sacrifice, and
they who wait at the altar, are partakers
with the altar; Even so hath the Lord al-
so ordained, that they who preach the Gos-
pel, should live of the Gospel. *1 Cor.* 9.
13, 14.

He that soweth little, shall reap little :
and he that soweth plenteously, shall reap
plenteously. Let every man do according

as

as he is disposed in his heart, not grudgingly, or of necessity ; for God loveth a cheerful giver. *2 Cor. 9. 6, 7.*

Let him that is taught in the word, minister unto him that teacheth, in all good things. Be not deceived, God is not mocked : for whatsoever a man soweth, that shall he reap, *Gal. 6. 6, 7.*

While we have time, let us do good unto all men, and specially unto them that are of the household of faith. *Gal. 6. 10.*

Godliness is great riches if a man be content with that he hath : for we brought nothing into the world, neither may we carry any thing out. *1 Tim. 6. 6, 7.*

Charge them who are rich in this world, that they be ready to give, and glad to distribute, laying up in store for themselves a good foundation against the time to come, that they may attain eternal life. *1 Tim. 6. 17, 18, 19.*

God is not unrighteous, that he will forget your works and labour that proceedeth of love ; which love ye have shewed for his names sake, who have ministered unto the saints, and yet do minister. *Heb 6. 10.*

To do good, and to distribute, forget not ; for with such sacrifices God is pleased. *Heb. 13. 16.* † 2 Whoso-

Whoſo hath this worlds good, and ſeeth his brother have need, and ſhutteth up his compaſſion from him, how dwelleth the love of God in him? 1 *S. Joh. 3. 17.*

Give alms of thy goods, and never turn thy face from any poor man, and then the face of the Lord ſhall not be turned away from thee. *Tob. 4. 7.*

Be merciful after thy power. If thou haſt much, give plenteouſly. If thou haſt little, do thy diligence gladly to give of that little: for ſo gathereſt thou thy ſelf a good reward in the day of neceſſity. *Tob. 4. 8, 9.*

He that hath pity upon the poor, lendeth unto the Lord; and look what he layeth out, it ſhall be paid him again. *Prov. 19. 17.*

Bleſſed be the man that provideth for the ſick and needy: the Lord ſhall deliver him in the time of trouble. *Pſal. 41. 1.*

¶ *Whilſt theſe Sentences are in reading, the Deacons, Church-wardens, or other fit Perſon appointed for that purpoſe, ſhall receive the Alms for the poor, and other Devotions of the people, in a decent baſon, to be provided by the Pariſh for that purpoſe; and reverently bring it to the Prieſt, who ſhall humbly preſent and place it upon the holy Table.*

¶ *And*

The Communion.

5

¶ And when there is a Communion, the Priest shall then place upon the Table so much Bread and Wine, as he shall think sufficient. After which done, the Priest shall say,

Let us pray for the whole state of Christs Church militant here in earth.

ALmighty and everliving God, who by thy holy Apostle hast taught us to make prayers and supplications, and to give thanks for all men; We humbly beseech thee most mercifully [** to accept our alms and oblations, and*] to receive these our prayers, which we offer unto thy divine Majesty, beseeching thee to inspire continually the universal Church with the spirit of truth, unity, and concord: and grant that all they that do confess thy holy Name, may agree in the truth of thy holy word, and live in unity and godly love. We beseech thee also to save and defend all Christian Kings Princes and Governors; and especially thy servant *GEORGE* our King, that under him we may be godly and quietly governed: and grant unto his whole Council, and to all that are put in authority under him, that they may truly and indifferently

** If there be no alms or oblations, then shall the words [of accepting our alms and oblations] be left out unsaid.*

differently minister justice, to the punishment of wickedness and vice, and to the maintenance of thy true religion and virtue. Give grace, O heavenly Father, to all Bishops and Curates, that they may both by their life and doctrine set forth thy true and lively Word, and rightly and duly administer thy holy Sacraments : and to all thy people give thy heavenly grace ; and especially to this congregation here present, that with meek heart and due reverence they may hear and receive thy holy Word, truly serving thee in holiness and righteousness all the days of their life. And we most humbly beseech thee of thy goodness, O Lord, to comfort and succour all them who in this transitory life are in trouble, sorrow, need, sickness, or any other adversity. And we also bless thy holy Name, for all thy servants departed this life in thy faith and fear ; beseeching thee to give us grace so to follow their good examples, that with them we may be partakers of thy heavenly Kingdom. Grant this, O Father, for Jesus Christs sake, our only Mediator and Advocate. *Amen.*

At

¶ *At the time of the Celebration of the Communion, the Communicants being conveniently placed for receiving of the holy Sacrament, the Priest shall say this Exhortation.*

DEarly beloved in the Lord, ye that mind to come to the holy Communion of the body and blood of our Saviour Christ, must consider how Saint Paul exhorteth all Persons diligently to try and examine themselves, before they presume to eat of that Bread, and drink of that Cup. For as the benefit is great, if with a true penitent heart and lively faith we receive that holy Sacrament (for then we spiritually eat the flesh of Christ, and drink his blood; then we dwell in Christ, and Christ in us; we are one with Christ, and Christ with us:) So is the danger great, if we receive the same unworthily. For then we are guilty of the body and blood of Christ our Saviour; we eat and drink our own damnation, not considering the Lords body; we kindle Gods wrath against us; we provoke him to plague us with divers diseases, and sundry kinds of death. Judge therefore your selves, brethren, that ye be not judged of the Lord; repent you truly for your sins past; have a lively and stedfast faith in Christ our Saviour; a-

mend your lives, and be in perfect charity with all men, so shall ye be meet partakers of those holy mysteries. And above all things ye must give most humble and hearty thanks to God the Father, the Son, and the Holy Ghost, for the redemption of the world by the death and passion of our Saviour Christ, both God and man, who did humble himself even to the death upon the Cross, for us miserable sinners, who lay in darkness and the shadow of death, that he might make us the children of God, and exalt us to everlasting life. And to the end that we should alway remember the exceeding great love of our Master, and only Saviour, Jesus Christ, thus dying for us, and the innumerable benefits which by his precious blood-shedding he hath obtained to us; he hath instituted and ordained holy mysteries, as pledges of his love, and for a continual remembrance of his death, to our great and endless comfort. To him therefore with the Father and the Holy Ghost, let us give (as we are most bounden) continual thanks, submitting our selves wholly to his holy will and pleasure, and studying to serve him in true holiness and righteousness all the days of our life. *Amen.*

¶ *Then*

¶ *Then shall the Priest say to them that come to receive the holy Communion.*

YE that do truly and earnestly repent you of your sins, and are in love and charity with your neighbours, and intend to lead a new life, following the commandments of God, and walking from henceforth in his holy ways; Draw near with faith, and take this holy Sacrament to your comfort; and make your humble confession to Almighty God, meekly kneeling upon your knees.

¶ *Then shall this general Confession be made in the name of all those that are minded to receive the Holy Communion, by one of the Ministers, both he and all the People kneeling humbly upon their knees, and saying,*

Almighty God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, which we from time to time most grievously have committed, by thought word and deed, Against thy divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon
on

on us, have mercy upon us most merciful Father; For thy Son our Lord Jesus Christs sake, Forgive us all that is past, And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy name, through Jesus Christ our Lord. Amen.

¶ *Then shall the Priest (or the Bishop being present) stand up and turning himself to the People, pronounce this Absolution.*

Almighty God our heavenly Father, who of his great mercy hath promised forgiveness of sins to all them that with hearty repentance and true faith turn unto him; have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and bring you to everlasting life, through Jesus Christ our Lord. Amen.

¶ *Then shall the Priest say*

Hear what comfortable words our Saviour Christ saith unto all that truly turn to him.

COME unto me, all that travel and are heavy laden, and I will refresh you. *S. Matth. 11. 28.*

So God loved the world, that he gave his only begotten Son, to the end that all
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The Communion.

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that believe in him should not perish, but have everlasting life, *St. Joh. 3. 16.*

Hear also what S. Paul saith.

This is a true saying, and worthy of all men to be received, that Christ Jesus came into the world to save sinners. *1 Tim. 1. 15.*

Hear also what S. John saith.

If any man sin, we have an Advocate with the Father, Jesus Christ the righteous, and he is the propitiation for our sins. *1 S. John 2. 1.*

¶ *After which the Priest shall proceed, saying,*

Lift up your hearts.

Answ. We lift them up unto the Lord.

Priest. Let us give thanks unto our Lord God.

Answ. It is meet and right so to do.

¶ *Then shall the Priest turn to the Lords Table, and say,*

IT is very meet, right, and our bounden duty, that we should at all times, and in all places give thanks unto thee, O Lord, * Holy Father, Almighty, everlasting God.

* *These words [Holy Father] must be omitted on Trinity Sunday.*

¶ *Here*

¶ Here shall follow the proper Preface, according to the time, if there be any specially appointed: or else immediately shall follow,

Therefore with Angels and Archangels, and with all the company of heaven, we laud and magnifie thy glorious Name, evermore praising thee, and saying, Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy glory. Glory be to thee, O Lord most high. *Amen.*

¶ Proper Prefaces.

¶ Upon Christmas day, and seven days after.

Because thou didst give Jesus Christ thine only Son to be born as at this time for us, who by the operation of the Holy Ghost, was made very man of the substance of the Virgin Mary his mother, and that without spot of sin, to make us clean from all sin. Therefore with Angels, &c.

¶ Upon Easter day, and seven days after.

BUT chiefly are we bound to praise thee for the glorious resurrection of thy Son Jesus Christ our Lord: for he is
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the very Paschal Lamb which was offered for us, and hath taken away the sin of the world; who by his death hath destroyed death, and by his rising to life again, hath restored to us everlasting life. Therefore with Angels, &c.

¶ *Upon Ascension-day, and seven days after.*

THrough thy most dearly beloved Son Jesus Christ our Lord, who after his most glorious resurrection manifestly appeared to all his Apostles, and in their sight ascended up into heaven to prepare a place for us; that where he is, thither we might also ascend, and reign with him in glory. Therefore with Angels, &c.

¶ *Upon Whitsunday, and six days after.*

THrough Jesus Christ our Lord; according to whose most true promise, the Holy Ghost came down as at this time from heaven with a sudden great sound, as it had been a mighty wind, in the likeness of fiery tongues, lighting upon the Apostles, to teach them, and lead them to all truth, giving them both the gift of divers languages, and also boldness with fervent zeal, constantly

ly to preach the Gospel unto all nations, whereby we have been brought out of darknes and error into the clear light and true knowledge of thee, and of thy Son Jesus Christ. Therefore with Angels, &c.

¶ *Upon the Feast of Trinity only.*

WHO art one God, one Lord ; not one only person, but three persons in one substance. For that which we believe of the glory of the Father, the same we believe of the Son, and of the Holy Ghost, without any difference or inequality. Therefore with Angels, &c.

¶ *After each of which Prefaces, shall immediately be sung or said.*

Therefore with Angels and Arch-angels, and with all the company of heaven, we laud and magnifie thy glorious Name, evermore praising thee, and saying, Holy, holy, holy, Lord God of hosts, heaven and earth are full of thy Glory. Glory be to thee, O Lord most High. *Amen.*

¶ *Then*

¶ Then shall the Priest, kneeling down at the Lords Table, say in the name of all them that shall receive the Communion, this Prayer following.

WE do not presume to come to this thy Table, O merciful Lord, trusting in our own righteousness, but in thy manifold and great mercies. We are not worthy so much as to gather up the crumbs under thy Table. But thou art the same Lord, whose property is always to have mercy; Grant us therefore, gracious Lord, so to eat the Flesh of thy dear Son Jesus Christ, and to drink his blood, that our sinful bodies may be made clean by his body, and our souls washed through his most precious blood, and that we may evermore dwell in him, and he in us. *Amen.*

¶ When the Priest, standing before the Table, hath so ordered the Bread and Wine, that he may with the more readiness and decency break the Bread before the People, and take the Cup into his hands, he shall say the Prayer of Consecration, as followeth.

Almighty God our heavenly Father, who of thy tender mercy didst give thine only Son Jesus Christ to suffer death

death upon the cross for our redemption, who made there (by his one oblation of himself once offered) a full, perfect, and sufficient sacrifice, oblation, and satisfaction for the sins of the whole world, and did institute, and in his holy Gospel command us to continue a perpetual memory of that his precious death, until his coming again; Hear us, O merciful Father, we most humbly beseech thee, and grant that we receiving these thy creatures of Bread and Wine, according to thy Son our Saviour Jesus Christs holy institution, in remembrance of his death and passion, may be partakers of his most blessed body and blood: Who in the

(a) *Here the Priest is to take the Paten into his hands:*

(b) *And here to break the bread:*

(c) *And here to lay his hand upon all the bread.*

(d) *Here he is to take the cup into his hand*

same night that he was betrayed (a) took bread, and when he had given thanks, (b) he brake it, and gave it to his disciples, saying, Take eat, (c) this is my body which is given for you, do this in remembrance of me. Likewise after supper (d) he took the cup, and when he had given thanks, he gave it to them, saying, Drink ye all

The Communion.

17

all of this, for this (e) is my blood of the New Testament, which is shed for you and for many for the remission of sins: Do this as oft as ye shall drink it, in remembrance of me. *Amen.*

(e) *And here to lay his hand upon every vessel (be it chalice or flagon) in which there is any wine to be consecrated.*

¶ *Then shall the Minister first receive the Communion in both kinds himself, and then proceed to deliver the same to the Bishops, Priests, and Deacons, in like manner (if any be present) and after that to the people also in order, into their hands, all meekly kneeling. And when he delivereth the Bread to any one, he shall say,*

THE Body of our Lord Jesus Christ, which was given for thee, preserve thy body and soul unto everlasting life. Take and eat this in remembrance that Christ died for thee, and feed on him in thy heart by faith with thanksgiving.

¶ *And the Minister that delivereth the Cup to any one shall say,*

THE Blood of our Lord Jesus Christ, which was shed for thee, preserve thy body and soul unto everlasting life.

††

Drink

Drink this in remembrance that Christs Blood was shed for thee, and be thankful.

¶ *If the consecrated Bread or Wine be all spent before all have communicated; the Priest is to consecrate more according to the Form before prescribed: Beginning at [Our Saviour Christ in the same night, &c.] for the blessing of the Bread; and at [Likewise after Supper, &c.] for the blessing of the Cup.*

¶ *When all have communicated, the Minister shall return to the Lords Table, and reverently place upon it what remaineth of the consecrated Elements, covering the same with a fair linen Cloth.*

¶ *Then shall the Priest say the Lords Prayer, the People repeating after him every petition.*

O UR Father, which art in Heaven; Hallowed be thy Name. Thy kingdom come. Thy will be done in Earth, As it is in Heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive them that trespass against us. And lead us not into temptation; But deliver us from evil: For thine is the kingdom, The power and the glory, For ever and ever. Amen.

¶ *After*

¶ *After shall be said as followeth.*

○ Lord and heavenly Father, we thy humble servants entirely desire thy fatherly goodness, mercifully to accept this our sacrifice of praise and thanksgiving; most humbly beseeching thee to grant that by the merits and death of thy Son Jesus Christ, and through faith in his blood, we and all thy whole Church may obtain remission of our sins, and all other Benefits of his passion. And here we offer and present unto thee, O Lord, our selves, our souls and bodies to be a reasonable, holy, and lively sacrifice unto thee; humbly beseeching thee, that all we who are partakers of this holy Communion, may be fulfilled with thy grace and heavenly benediction. And although we be unworthy through our manifold sins to offer unto thee any sacrifice; yet we beseech thee to accept this our bounden duty and service; not weighing our merits, but pardoning our offences, thro' Jesus Christ our Lord; by whom, and with whom, in the unity of the Holy Ghost, all honour and glory be unto thee, O Father Almighty, world without end.
Amen.

†† 2

¶ Or

¶ *After*

¶ *Or this.*

ALmighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed us, who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assuage us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical Body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of the most precious death and passion of thy dear Son. And we most humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in, through Jesus Christ our Lord, to whom with thee, and the Holy Ghost, be all honour and glory world without end. *Amen.*

¶ *Then shall be said or sung,*

GLory be to God on high, and in earth
 peace, good will towards men.
 We praise thee, we bless thee, we wor-
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ship thee, we glorifie thee, we give thanks to thee, for thy great glory, O Lord God, heavenly King, God the Father Almighty.

O Lord, the only begotten Son Jesu Christ; O Lord God, Lamb of God, Son of the Father, that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, have mercy upon us. Thou that takest away the sins of the world, receive our prayer. Thou that fittest at the right hand of God the Father, have mercy upon us.

For thou only art holy, thou only art the Lord, thou only, O Christ, with the Holy Ghost, art most high in the glory of God the Father. *Amen.*

¶ *Then the Priest (or Bishop, if he be present) shall let them depart with this blessing.*

THE peace of God which passeth all understanding keep your hearts and minds in the knowledge and love of God, and of his Son Jesus Christ our Lord: And the blessing of God Almighty, the Father, the Son, and the holy Ghost, be amongst you, and remain with you always. *Amen.*

¶ *Collects*

¶ *Collects to be said after the Offertory, when there is no Communion, every such day one or more ; and the same may be said also as often as occasion shall serve, after the Collects either of Morning or Evening Prayer, Communion or Litany, by the discretion of the Minister.*

A Ssist us merciful, O Lord, in these our supplications and prayers, and dispose the way of thy servants towards the attainment of everlasting salvation ; that among all the changes and chances of this mortal life, they may ever be defended by thy most gracious and ready help, through Jesus Christ our Lord. *Amen.*

O Almighty Lord, and everlasting God, vouchsafe, we beseech thee, to direct, sanctifie, and govern both our hearts and bodies in the ways of thy laws, and in the works of thy commandments, that through thy most mighty protection, both here and ever, we may be preserved in body and soul, through our Lord and Saviour Jesus Christ. *Amen,*

Grant

GRant, we beseech thee, Almighty God, that the words which we have heard this day with our outward ears, may through thy grace be so grafted inwardly in our hearts, that they may bring forth in us the fruit of good living, to the honour and praise of thy Name, through Jesus Christ our Lord. *Amen.*

Prevent us, O Lord, in all our doings with thy most gracious favour, and further us with thy continual help, that in all our works begun, continued and ended in thee, we may glorifie thy holy Name, and finally by thy mercy obtain everlasting life, through Jesus Christ our Lord. *Amen.*

Almighty God, the fountain of all wisdom, who knowest our neccilities before we ask, and our ignorance in asking; We beseech thee to have compassion upon our infirmities; and those things which for our unworthiness we dare not, and for our blindnes we cannot ask, vouchsafe to give us for the worthiness of thy Son Jesus Christ our Lord. *Amen.*

Al-

Almighty God, who hast promised to hear the petitions of them that ask in thy Sons Name; We beseech thee mercifully to incline thine ears to us that have made now our prayers and supplications unto thee, and grant that those things which we have faithfully asked according to thy will, may effectually be obtained, to the relief of our necessity, and to the setting forth of thy glory, through Jesus Christ our Lord. *Amen.*



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